

livability



Do you want to move forward in life?

If you live in Poole or The Purbecks and are aged 25 or over, the Livability UCan Project can help you:

- ◆ Design your own plan towards fulfilling health, wellbeing and employment goals
- ◆ Access training opportunities and gain qualifications
- ◆ Develop your skills and confidence
- ◆ Receive short or long term 1:1 support
- ◆ Apply and search for jobs when you are ready
- ◆ Improve your emotional, mental and physical health and realise your potential

Involvement is completely voluntary and is not linked to the benefits system.

If you feel you could benefit from this service please contact us on:

UCan@livability.org.uk

01202 804619



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